







POWAI TARANG FEBRUARY 2025

Peace Building And Conflict Prevention Month Sanskriti Theme – Mahakumbh



Painting Courtesy: Preeti Kolkundi Entry in Taare Zameen Par – 26 Jan 2025



PRESIDENT Speaks



Rtn. Dr. Susan Tripathi Club President







Dear RCBP Family,

In Rotary, the **Theme for February** month is **Peace Building and Conflict Prevention**. Both these factors are very important to have reduced conflicts and to build good relations for sustainable peace.

Rotary clubs worldwide contribute to many projects which help in building peace and preventing conflicts. The importance of this avenue is discussed and brought out to students through Interact and Rotaract's making them aware at an early age. Through RCCs, Rotary reaches out to various villages and is able to make them self-reliant in peace & harmony. Rotary clubs also through various community services & engagement ensures that peace & harmony prevails in communities.

The Theme of Sanskriti this month is Mahakumbh. This one historic event has been an unforgettable experience for crores who visited Prayagraj and were able to take a dip in the holy Ganga. People flocked from all parts of India and the world to physically experience this once in a lifetime event. The Seva Bhav was very evident in all the places and one could relate this mammoth task of managing the pilgrims to that of Rotary wheel with the motto of "Service Above Self."



In January-25, we completed 34 projects, 1 Fundraiser event, 1 Speaker Dinner Meeting and 3 meetings. We completed our 8 monthly Annapurna service with an additional one + 10 medical camps in January taking the total count to 85 and we've touched the lives of 11,683 beneficiaries. We thank L&T Realty and Larsen & Toubro Public Charitable Trust for providing CSR support for 100 medical camps in the Vibrant year.

We completed our PF 25 - Kavi Kala (Online Poetry Competition), No Cook Challenge and Taare Zameen Par in a grand manner. Our external speaker in Jan, Mr. Rishi Nanda's talk was very mesmerizing and everyone present enjoyed listening to him. We topped the District ROTAL with participation of 32 members and all coming back home winning awards galore. RCBP was also represented in District Magical Miles - Car Rally for Organ Donation Awareness. We completed 9 Annapurna services in Jan-25. We have provided a total of 40 wheel chairs to various old age homes, disability centres and a hospital, we distributed 8000 mogra sapplings to 12 farmers with the help of CSR support of Bahar Infocom, collaborated for a Leagues Championship Match and many more.

We have successfully completed many projects, programs and events with the enthusiastic support of our members and spouses in Jan-25 and we've together kept our RCBP flag flying high. My gratitude to all our member families.



Some good projects have been planned in the month of February-25... Our own Mr. Rajnish Vohra ji is a speaker in our club meeting at Forest club meeting room on the topic "Union Budget 2025" We will be completing inaugurations of both our vocational centres at Bhandup and Sangharsh Nagar. We have joined with RC of Addiction Prevention as a Co-Host for their VIMUKTI Yatra, a month long car journey, a 10,000 km journey coursing through various states, for addiction prevention and mental health. We have committed USD 5,000/- and joined the Global Grant project of RC Deonar for Project Little Hearts - {paediatric heart surgeries} and we will be completing the 100 medical camps of the Vibrant year in this month.

I look forward to your involvement, contributions & motivation as always.

Yours In Service, Rtn. Dr. Susan Tripathi Club President

MESSAGE FROM DISTRICT GOVERNOR RID 3141

THE MAGIC

OF ROTARY

Magic in Motion: The Vibrant Impact of Rotary 3141

As we move forward in this Vibrant year, the magic of Rotary continues to unfold through transformative projects that create lasting change and elevate our public image. The Mega Medical Camp at Chitrakoot Ground was a shining example, benefiting 50,000 individuals with essential healthcare services. Witnessing thousands receive life changing aid reaffirmed our belief that Rotary is where help meets hope.

The Powai Run, led by RC Mumbai Lakers, with 8,000 runners, was a spectacular public image initiative, while Magical Miles, spearheaded by RC Mumbai Ghatkopar West, united Rotarians from five districts to drive impactful projects—breast screening camps, Masik Chakra, and organ donation awareness.

At PRATIMA - the Rotary Public Image Seminar, we launched Rotary Wheel Stickers for mobile phones, a simple yet powerful way to showcase our Rotary pride. Meanwhile, Vimukti Yatra, a 10,000 km journey for addiction prevention and mental health, led by RC Addiction Prevention, is breaking barriers and creating awareness. The Para Olympic Games, led by RC Borivli, have empowered communities and reinforced our commitment to inclusivity.



Rtn. Chetan Desai

District Governor

RID 3141 (Y24-25)











Now, our focus shifts to DISCON 2025: SAMANVAY - Confluence of Excellence on March 1-2, 2025, at Jio World Convention Centre, featuring the best minds in politics, technology, Bollywood, sports, business, and defense, with Sangkoo Yun as our honored guest.

Rotary is a movement, and each of us is part of its magic. Let's continue to serve, innovate, and lead—because together, we can; together, we will!

Chetan Desai District Governor Rotary District 3141 (2024-25)



MESSÁGE FROM RI PRESIDENT

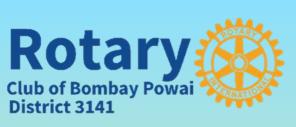


February 2025

This month, as we come together for the International Assembly and the Presidential Peace Conference, we celebrate The Magic of Rotary — a unique blend of global connection, vision, and action that empowers us to create lasting change.

> One of the most inspiring examples is our Rotary Peace Fellowship program, a cornerstone of Rotary's mission to build a more peaceful and just world.

For more than 23 years, Rotary Peace Fellowships have been transforming communities. Our





Rotary Peace Centers, hosted at leading universities around the globe, have educated over 1,800 fellows who now work in more than 140 countries.

These centers cultivate expertise in fields like conflict resolution, sustainable development, and peacebuilding, preparing fellows to tackle some of the world's most pressing challenges. This program exemplifies how Rotary turns vision into action, creating a ripple effect of hope and change.

This month during the Presidential Peace Conference, we celebrate a significant milestone with the opening of our newest peace center in Istanbul. This center will focus on training leaders to address peacebuilding challenges in the Middle East and North Africa, further extending Rotary's impact. Peace fellows are dedicated champions of transformation, addressing critical issues such as refugee resettlement, youth and women's empowerment, and



President (Y24-25)

Rotary International







MESSAGE FROM RI PRESIDENT contd/-

reconciliation in conflict zones. Many founded vital organizations or hold leadership roles in governments, nongovernmental organizations, and international institutions like the United Nations and World Bank.

One inspiring story is that of Ntang Julius Meleng, a 2024 Rotary Peace Fellow at Makerere University in Uganda. Through his Social Change Initiative, Julius has worked to empower young people in Cameroon to take active roles in peacebuilding and leadership.

His project provided training in conflict prevention, civic engagement, and leadership to youths and community officials in areas affected by conflict, equipping people to drive sustainable peace efforts.

Julius harnessed Rotary's global network to overcome obstacles, including limited funding and security risks, and make a meaningful impact. The Rotary Peace Fellowship gave Julius the tools and support to turn his vision into reality. His work embodies The Magic of Rotary — the transformative power of connecting people, sharing resources, and uniting for a common purpose.

As we reflect on the achievements of our peace fellows and celebrate Rotary's enduring commitment to peace, let us also recognize the role that everyone in our network of 1.2 million members plays in creating magic through service.

Together, we can amplify our impact, inspire new generations of leaders, and build a brighter, more peaceful future.

Rtn. Stephanie A. Urchick President (Y24-25) Rotary International









Project National Integration (PNI) – A Vision for Peace and Development

As you may be aware, the Kashmir Valley for a long time was infested with insurgency. Thanks to the untiring efforts of our Indian Army, who have defeated the insurgents and brought peace to the valley, we are now able to see our borders safe and witness unstinted growth in the economy. The Kashmir valley, known for its breathtaking beauty, is also one of the most challenging and economically underdeveloped regions in India. With its harsh terrain and extreme weather conditions, the region remains isolated for nearly 7-8 months each year due to heavy snowfall. To bridge this gap and integrate the local population into the national mainstream, the Indian Army has undertaken several nation-building efforts. These efforts focus on promoting peace, goodwill, and economic development, providing educational and medical support, creating job opportunities, and improving sports infrastructure for young adults.

Recognizing the need for long-term development in the region, the Indian Army invited Rotary District 3141 to join hands in this noble initiative. Thus, Project National Integration (PNI) was launched to foster peace through economic development. The Rotary Club of Bombay Powai was privileged to be the first club to support this initiative and lay the foundation for a larger movement.

The First Step: Mobile Ambulances (2022)

During my tenure as President of the Rotary Club of Bombay Powai in 2022, we kickstarted the District PNI initiative by donating mobile ambulances for the villages along the Line of Control (LOC). While the Indian Army had established a hospital for local villagers, the lack of transportation facilities made it nearly impossible for the sick and injured to reach medical aid, especially during the winter months when the roads remain blocked by snow.









The donation of these ambulances was a game-changer. It provided a lifeline to the villagers, ensuring that medical assistance was within reach despite the challenging terrain. The ambulances, placed under the supervision of the Village Sarpanch, continue to serve hundreds of residents, saving lives and reinforcing trust between the locals and national forces. Our initiative gave momentum to Project National Integration, encouraging more clubs from Rotary District 3141 to join and contribute to this transformational mission

Expanding Our Efforts: Education for Underprivileged Students (2024) Education is the foundation for change, and as Malala Yousafzai once said, "With guns, you can kill terrorists, but with education, you can kill terrorism." Recognizing the importance of quality education in building a progressive society, our club took a significant step in 2024 by sponsoring the school fees for 50 students for a period of three years.



Army, Rotary District 3141 Mumbai donate 2 motorcycle ambulances to Machil people

any medical emergen-

cy, people are forced

to shoulder patients to

reach the nearest health

They said that the

ambulance at Primary

Health Centre (PHC)

Dudhi can't go to such

areas to ferry patients

as such "We brought

this issue into the

notice of local Army

unit (56 RR) and today

they came up with the

solution," a local told

A senior army offi-

centre.



Top News Report

KUPWARA, Jul 28: On the occasion of Kargil Vijay Diwas, Army in collaboration with Rotary District 3141 Mumbai on Thursday donated two motorcycle ambulances to people of border area Machil in north Kashmir's Kupwara district with an aim to provide better health

care facilities to the inhabitants. Locals of the area

Greater Kashmir. told Greater Kashmir that several villages in cial said that in view Machil are located on of the hardships being tough terrains without faced by the locals, motorable road conarmy in collaboration with Rotary District nectivity and at a time of

3141 Mumbai took the initiative and donated two motorcycle ambulances for the wellbeing of people. He said that each ambulance costs more than 2.5 lakh.

"This concept is a unique one and has been introduced for the first time in Kashmir valley," he added.

Sarpanch Machil Habibullah told Greater Kashmir that two locals have also been recruited by army to drive these ambulances. "They will be getting a salary of Rs 18000 per month," he added.

Locals of the area have highly hailed the efforts of Army and Rotary District 3141 Mumbai for this humanly gesture.

Pertininently army had also donated a four wheeler ambulance worth lacs few years ago to the people of Machil









The Indian Army has established 27 Army Goodwill Schools and several government schools along the LOC to provide quality education to local children. While these schools operate at a highly subsidized fee of just Rs. 500 per month, many families are still unable to afford even this minimal amount. As a result, children from economically weaker sections are forced to study in alternate religious schools, keeping them away from mainstream education.

By sponsoring these students, our club is actively supporting the Army's vision of ensuring that these children receive proper schooling, preparing them for a brighter future and a more integrated society. Additionally, this initiative has led to an increase in enrollment in these schools and has successfully brought many students from alternate religious institutions into mainstream education, fostering national unity and broader career opportunities for the youth.











Empowering Women: Midwifery Training for Kashmiri Girls (2024)

One of the most pressing healthcare challenges in Kashmir is the lack of trained medical professionals, especially for maternal healthcare. Due to severe winter conditions and the absence of proper medical facilities, many pregnant women must be airlifted to Srinagar or other regional hospitals for childbirth. Unfortunately, this is not always possible, leading to 100-150 pregnancy-related deaths annually. To address this crisis, Rotary District 3141 initiated a midwifery training program in 2024, and our club took the lead by sponsoring the training of 25 young women from Kashmir in Mumbai. These women were enrolled in a three-month residential course on Obstetric and Social Health Nursing and General Anatomy at Sai Dhanwantari Nursing Institute and Astha Hospital, Manor, affiliated with the Maharashtra Self Employment Training Board. The training included a minimum of 25 live deliveries per student, ensuring hands-on experience.

The training program covered course fees, travel, lodging, boarding, and necessary medical tools. The students have returned to Kashmir and some of them are serving in different regions, ensuring continuous maternal care within their communities and significantly reducing pregnancy-related fatalities.

Navin.Pandey@Timesgroup.Com		25 लड़कियां, नर्सिंग की ट्रेनिंग
 मुंबई : भारत-पाकिस्तान बॉर्डर पर कश्मीर घाटी से 25 लड़कियां नर्सिंग और मिडवाइफरी कोर्स की ट्रेनिंग लेने आई हैं। इन्हें तीन महीने तक सुरक्षित डिलिवरी और उसके बाद जच्च-बच्चा की देखपाल की विशेष ट्रेनिंग दी जाएगी। इसके बाद यह लड़कियां कश्मीर घाटी वापस जाएंगी और अपने गांवों में जरूरत पड़ते ही सुरक्षित डिलिवरी कराकर जच्चा बच्चा का देखपाल 		
कर सकेंगी। रोटरी क्लब मुंबई के प्रॉजेक्ट कन्वेनर राजन दुआ ने बताया कि डेढ़ साल पहले भारतीय सेना के एक अधिकारी प्रणय पवार मुंबई आए थे। उस दौरान उन्होंने पाकिस्तान बॉर्डर पर स्थित गांवों में नागरिकों को होने वाली समस्याओं के बारे	 रोटरी क्लब ने दिक्कतें दूर करने के लिए स्किलिंग का दिया भरोसा बॉर्डर के गोवों में डिलिकरी के 	देखलिंक से भी जोड़ा जाएग प्रॉजेक्ट कन्वेनर राजन दुआ के अनुसार उक्त कश्मीरी लड़कियों को तीन-तीन महीने की ट्रेनिंग दी जाएगी। इर लड़की की ट्रेनिंग पर करीब एक लाख रुपये खर्च होंगे। इन्हें डिलिक्सी किंट भी दी जाएगी। इन लड़कियों को मुंबई के
में बताया था। इसमें भारत-पाक सीमा पर स्थित कश्मीर घाटी के गांवों की गर्भवती महिलाओं का मुद्दा भी था। कश्मीर घाटी में इन गांवों में साल के 5 से 6 महीने बर्फ	वक्त बर्फ में नहीं पहुंच पाते डॉक्टर	डॉक्टरों से वेबलिक के जरिए जोड़ा भी जाएगा, ताकि भविष्य में दिक्कत आने पर एक्सपर्ट डॉक्टरों से परामर्श ले सकें। गवनंर अरुण सुरक्षित डिलिवरी करा सकेंगी। इस









A Movement for Lasting Change

The Rotary Club of Bombay Powai takes immense pride in being a pioneer of Project National Integration. What began with the donation of ambulances in 2022 has now evolved into a district-wide mission, encompassing multiple projects in healthcare, education, and vocational training. More clubs from Rotary District 3141 have joined the movement, each contributing towards the shared vision of fostering peace through sustainable development.

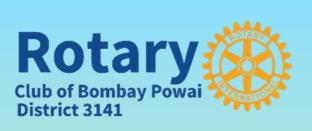
We remain committed to expanding our support and invite individuals, corporates, and organizations to participate in this life-changing initiative. The success of PNI demonstrates that small efforts, when combined, lead to monumental change, and we are honored to work alongside the Indian Army in this mission of national integration and community upliftment.

A Heartfelt Thank You

This mission would not have been possible without the unwavering support of our CSR partners, Antiliya Scientific and Electronic Payment & Services (P) Ltd, as well as several dedicated members of our club. Their contributions have played a vital role in ensuring the success of these initiatives and making a meaningful impact on the lives of people in Kashmir. We extend our deepest gratitude to all those who have supported and continue to support Project National Integration.

Together, we can build a Kashmir that is not just beautiful in its landscapes but also in the opportunities it provides to its people.







FROM OUR CSR PARTNER - Electronic Payment and Services Pvt Ltd- Project National Integration

Empowering Kashmiri Women: A Beacon of Hope and Unity

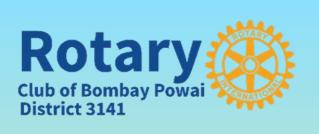
On March 8, 2024, 25 young women from Kashmir accomplished something extraordinary. They completed a nursing and midwifery training program that opened doors to brighter futures. Led by Electronic Payment and Services (EPS), the Rotary Club of Bombay Powai, and the Indian Army, this initiative brought vital healthcare skills to regions in desperate need.





The program wasn't just about medical training. It was about resilience, leadership, and the will to make a difference. Mentors stood by the young ladies, guiding them through every challenge. During training, as they stepped into communities, they connected deeply with the people they were serving and sought to understand their struggles and hopes.







FROM OUR CSR PARTNER - Electronic Payment and Services Pvt Ltd- Project National Integration



But the story goes beyond healthcare. It's about unity, about communities coming together with purpose and compassion. This initiative shows that when people unite for a cause, real change happens. And this is only the beginning.

Contributed by: Ms. Pradnya Bagade, Vice President Electronic Payment and Services Pvt. Ltd. (EPS)

The impact is life-changing. These ladies will save lives, protect mothers, and nurture infants in the most remote corners of Kashmir. Hopefully, they will become symbols of strength, breaking barriers and defying expectations. Their success will inspire others to dream bigger and aim higher.



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SANSKRITI- My Mahakumbh 2025 Experience By Atul Pathak

Pathaks (IPP Dr Kamalini, Atul & Ishu), alongwith our friends Shyamala Praveen, Sudhir & Geeta Rao were privileged and lucky to do a whirlwind pilgrimage tour of the three Holy places in, believe-it-or-not, just 2-1/2 days!! Departing on Day-0 by an evening flight, we reached the Holy city of Kashi, or Benaras or Varanasi, as it is called. We reached our hotel by 9pm, dumped our luggage, and immediately left for the KASHI-VISHWANATH temple, as advised by our local guide. Leaving our vehicle at some point, we walked for a km on foot, through a short-cut of narrow cobbled-path lanes, coming out on main road. The rush at 10pm was like it was probably 6pm. Fortunately, we got an excellent Divine Darshan of Lord Vishwanath in less than an hour, at ~11pm. They normally close darshan by evening, but because of the MahaKumbh rush, they extended the time upto 1am. Har Har Mahadev!

Next morning, after breakfast we proceeded to Sarnath, a place of great historical significance. We visited the monastery where Gautam Buddha gave his first discourse on Buddhism, after he attained enlightenment. This place also has the historical Ashoka Chakra and the four lions on a pillar. In the evening, we had the divine pleasure of witnessing Gangaaarti at Dashashwamedh ghat. Thanks to our guide, the ladies reached the ghat well before time (after their shopping) and got choice seat, closest to the Deity. We reached bit late, and because of the over-whelming crowd, we could not reach them, though we were just ~10m away... you had to see the rush to believe what I say. Kamalini lit the aarti-ki-baati and performed puja at the main Deity. The aarti was performed by 7 priests in unison - the entire atmosphere was pure bliss. Har Har Gange!







SANSKRITI- My Mahakumbh 2025 Experience By Atul Pathak

We were to leave next morning at 4am, but our car got delayed; we could leave at 5am. We entered Prayagraj ~7ish. Our driver said the jam is so huge that we will not be able to reach the Triveni sangam even by night. He told us we should take a different route, through the Sadhus' Akhadas - we agreed. But whichever road he took (he was knowledgeable), there were police barricades, and it was purely your luck to negotiate them. We finally reached some point beyond which it was not possible to go - the Administration had smartly dug trenches all over the place where they wanted to stop vehicle movement. T

he hundreds of cars parked there were proof enough that we need to desert our car. We got down, took bare essentials in handbag, crossed the trench, walked for a km or so and got an auto after a long wait. The entire eco-system is awesome.. public toilets within walking distance, autorickshaws and bikes constantly plying, dusty and muddy roads entirely covered by steel sheets to permit easy vehicle movements of all kinds, police personnel everywhere guiding people.. full support in spic proportion. Everywhere, there were multitude of people of all ages and demography, including many foreigners; some pulling their stroll bags on dusty roads (looked funny). It was mind-boggling to see that the mela still working like a well-oiled machine.









SANSKRITI– My Mahakumbh 2025 Experience By Atul Pathak

After a 20min ride, he dropped us near Sangam. We walked towards the ghats, for 1-2 kms. Our attempts to cross the pontoon bridge was unsuccessful.. the crowd on the other side was so huge, they had stopped people from going; they were only allowing people to come back, because the other side was over-full.

We managed to find one ghat closeby, where we took our Holy Dip. The experience was divine.. chants of 'Har Har Gange' everywhere. Then we retraced our steps back, managed to find an auto and returned to our parked car, past noon. Reaching the Sangam, taking dip and returning, all within 5-6 hours, was truly a miracle.





SANSKRITI- My Mahakumbh 2025 Experience By Atul Pathak

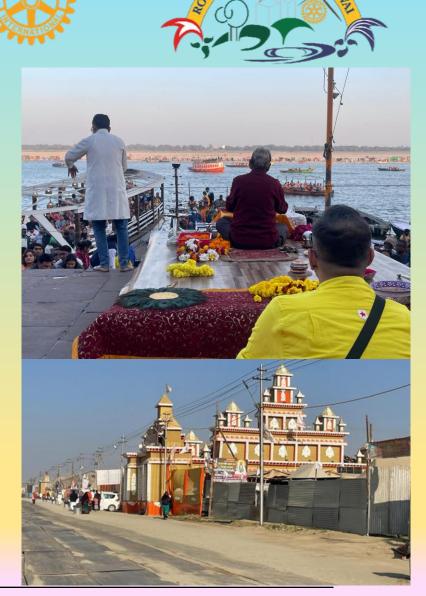
We then proceeded further, and got stuck at the outskirts of Ayodhya, as news came that entry has been barricaded due to huge rush. We continued our journey when the jam got cleared, reaching Ayodhya by 11pm. Exhausted from our very long drive, we just crashed. During the day, we got a nasty news that our flight of 04:30pm of next day was advanced to 11:30am, leaving us hardly had any time in the morning. unfortunately, we woke up early again and left at 5am for the Ram Janambhumi Temple.

Rotary

Club of Bombay Powa

District 3141

Again, we had to leave the car at some barricade point and hitch ride in auto rickshaw, which dropped us 1/2km short of the temple, just before sunrise. The rush at that time was again so huge that we had to catch one another not to get lost. We saved some time of depositing our mobiles as we had left them in the car, so unfortunately, we got no pics. The process of darshan of Ramlala was similar.. huge rush, crawling progress, and finally a glimpse of the Deity before you are pushed out. We were out by 07:30am. Airport was close by. We had a nice breakfast at the local dhaba on the airport road itself and checked in, well in time. Jai Shri Ram!











SANSKRITI- Art, Culture, Herítage- Recípes for Yatra By Díptí Shah

The foods you carry on a journey should be lightweight, travel-friendly, have a long shelf life and provide the right mix of energy and nutrition. Many Gujarati snacks are dry, making them perfect for long journeys like pilgrimages.

Thepla — A spiced flatbread made with fenugreek leaves and wheat flour, stays fresh for days and is the most popular travel food.

Sharing below Gujarati Thepla recipe:

Ingredients:

2 cups whole wheat flour ¹/₂ cup finely chopped methi or dried kasuri methi ¹/₂ tsp turmeric powder ¹/₂ tsp red chili powder ¹/₂ tsp cumin powder ¹/₂ tsp coriander powder



1 tbsp sesame seeds ¹/₂ tsp ajwain seeds 1tbsp oil for the dough Salt to taste Water as needed Oil (for cooking)

Instructions: Prepare Dough:

In a mixing bowl, combine wheat flour, methi leaves, and all the spices.

Add 1 tbsp oil, then mix well.

Gradually add water and knead into a soft, smooth dough. Cover and let it rest for 15-20 minutes.

Rolling Thepla:

Divide the dough into small balls. Roll each ball into a thin, round flatbread (like a roti)

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SANSKRITI- Art, Culture, Heritage- Recipes for Yatra By Dipti Shah

Cooking Thepla:

Heat a tawa or pan over medium flame.

Place the rolled thepla on the hot tawa and cook for 30-40 seconds.

Flip again and cook until golden brown.

Spots appear on both sides.

Serve:

Enjoy with pickle, curd, or chundo (sweet mango pickle) **Storage Tip:**

Thepla stays fresh for 2-3 days at room temperature, making it a great travel food. For longer shelf life, store in an airtight container or vacuum pack.



Another favourite is the energy rich food- Sukhdi (Gor Papdi)

Here's a traditional Gujarati **Sukhdi recipe**, a delicious and healthy sweet made from wheat flour, jaggery, and ghee.

Ingredients 1 cup wheat flour ¹/₂ cup ghee ¹/₂ cup jaggery (grated or chopped) 1 teaspoon cardamom powder (optional) 2 tablespoons chopped almonds











SANSKRITI- Art, Culture, Herítage- Recipes for Yatra By Díptí Shah

Instructions:

Heat Ghee: In a heavy-bottomed pan, heat the ghee on low flame. Roast Wheat Flour: Add the wheat flour and roast it on low heat, stirring continuously, until it turns golden brown and releases a nutty aroma. This takes about 8-10 minutes.

Add Jaggery: Turn off the flame and add grated jaggery. Mix well until it melts completely with the heat of the flour.

Flavoring: Add cardamom powder and mix well. You can also add chopped almonds for extra crunch.

Set and Cut: Transfer the mixture to a greased plate or tray. Flatten it with a Spatula and let it cool slightly.

Cut into Pieces: While still warm, cut into diamond or square shapes. Let it cool completely before serving.











ROTARY FAMILY - Teen Artist and Entrepreneur - Kiah Ranpara



Ms. Kiah Ranpara (daughter of Rtn Krutee and Tushar Ranpara), is bubbly and vibrant individual who is twilight of her family and friends. Her kindhearted, energetic, witty and sensible avatar always attracted people to find comfort in her company. As she is reaching milestone age of 18 this year, she is looking forward to embarking on her journey of life with purpose.

From her early days in school, she has been creatively inclined and has enjoyed all sorts of creative endeavor in sketching, painting, portrait making, making art books, flip books and even writing stories and poems. She has this unique ability to tell stories on different canvases like painting, flipbooks, bead art, clay and various other mediums.

As she is about to take her 12th board exams this year, she is determined to pursue her academic carrier in study human psychology specializing in dealing with teenagers.



ROTARY CLUB OF BOMBAY POWAI

Happy Space

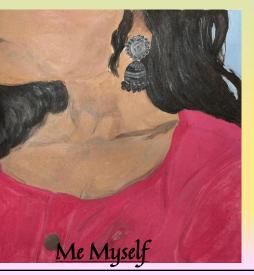


ROTARY FAMILY - Teen Artist and Entrepreneur - Kiah Ranpara

She is a big advocate of Mental Health Awareness and has been involved in volunteering her time for the cause at different forums, workshop and has taken up internship with a practicing psychologist.

During Covid-19 outbreak, she took up painting and journalling articles accompanied with sketches and paintings about possible mental health issues and later were put up at exhibition at Dr. L H Hiranandani Hospital during mental awareness week in 2023 where she won many hearts from professional and people who relate to the subject.







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District 3141

Focus on Mental Health



POWAI TARANG FEBRUARY 2025





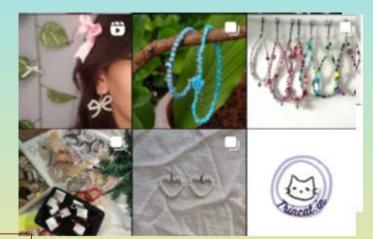




ROTARY FAMILY - Teen Artist and Entrepreneur - Kiah Ranpara

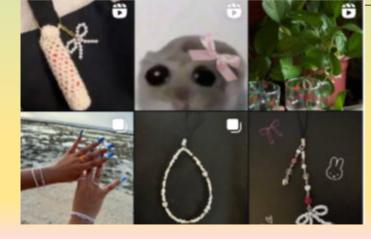
Besides her professional pursuit of being People's Psychologist, she is already an entrepreneur through her venture called TRINCAT. Trincat is her endeavor that sells trinkets -handmade jewelry, bead bracelets, phone charms, clay articles and other innovative articles.

With her abilities, hard work and good spirit, Kiah looks forward to make her place in the world with a vision to explore intricate art, psychology and human behavior and be catalyst for make difference in her sphere of influence and community.

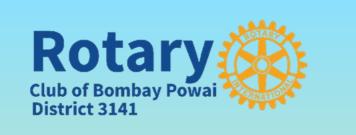


Kiah Ranpara

Kiah's venture-Trincat.in









SUSH'S SURPRISE - Ode to my Valentine Contest

Dear Friends, we asked you to send in your messages to your Valentines and here are the best!

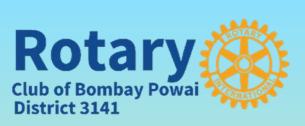
Harish Iyer

Valentine's Day—the one day when the world suddenly becomes a Bollywood movie. Roses in the air, heart-shaped chocolates, and restaurants packed with couples who pretend to be romantic while checking their phones. But let's face it—no matter how old we are, love is that one exam in life where we all try to pass... sometimes with flying colors, sometimes with last-minute copying! Now, back in the day, we didn't have dating apps, WhatsApp forwards, or Instagram-worthy proposals. No, sir! We had to do things the old-fashioned way—like writing love letters (in our best cursive) and hoping our younger siblings wouldn't read them aloud at dinner. Or, if we were feeling bold, we'd casually drop hints by dedicating a song on the radio—only to realize our crush had already switched to another station! But let me tell you about a legendary proposal that remains undefeated. It was 1975. Bellbottoms were in, sideburns were longer than a cricket match, and romance was all about meaningful glances exchanged across the street while pretending to buy vegetables. Enter our hero-let's call him Mr. Majnu-a man with more confidence than common sense. He decided that the best way to propose was not through poetry, not through music, but through **public embarrassment**. So, on a fateful Valentine's Day, he marched straight to his beloved's house, rang the doorbell, and prepared to deliver the most heartfelt speech of his life. But fate had other plans. Just as she opened the door, her entire joint family-grandparents, uncles, aunts, cousins, and even the neighbor's dogstepped out for an evening stroll. Flustered but determined, he cleared his throat. *"My dear..."* he began, channeling his inner Shakespeare. *"I have waited 25 years, 3 months, 14 days, and 7 hours to tell you this... Will you be the butter to my paratha? The sugar to my chai? The signal to my Mumbai traffic jam?"* The family stood in stunned silence. The girl's father, a retired army officer, stared him down like a commander inspecting his troops. The mother was clutching her prayer beads. The neighbor's dog wagged his tail approvingly. But the girl? She laughed. And then she whispered, *"Only if you promise never to count hours again!"* And just like that, history was made.





SUSH'S SURPRISE - Ode to My Valentine Contest





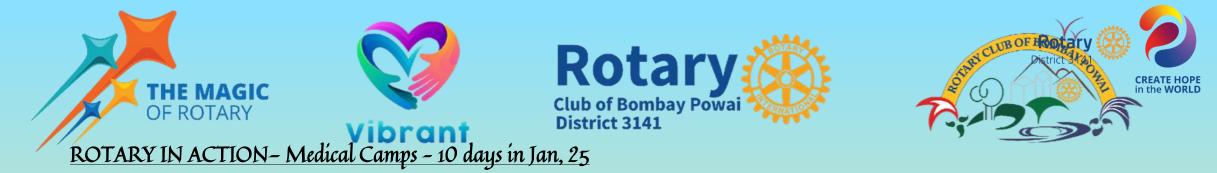
WINNERS!!

Here's a poem for Vanu. and laughter shared, tears, you've always been there. Your generous heart, a treasure to see, A gentle soul, humble, simple, and carefree. Your love for me, a constant guiding light, A shelter from life's storms, a warm and peaceful night. You cherish me, support me, and make me whole, Forever with you, my love, is my heart's goal. On this Valentine's Day, I want you to know, I love you for everything you are, and all you show. Your kindness, compassion, and loving ways, Make every day with you, a gift, a treasure to praise. Forever and always, my love will shine, For you,

my Vanu, my heart's valentine."

- LATHA

"Latha, my love, m heart's desire, Five decades of marriage, and still on fire! Our love at first sight, a spark so bright, Five years of courtship, and a lifetime in sight. You're 70 today, and still so divine, A Valentine's baby, with a heart so fine. I'm the luckiest man, to have you by my side, Through life's joys and challenges, you've been my guide. We've shared so many laughs, and wiped away some tears, Through thick and thin, our love has calmed all fears. You're the sunshine in my life, the stars hat light the night, Forever with you, my love, is my heart's delight. So, here's to you, my darling, on your special day, May it be filled with love, laughter, and every happiness in every way. "I promise to cherish, support, and adore you, For many more years to come, my love, forever true." VANAMALI



Vibrant Year Medical Camps titled Aarogya supported by the CSR Initiative of L&T Realty and Larsen & Toubro Public Charitable Trust (LTPCT) are being conducted for the unorganized sector. 10 camps were conducted in January 2025 helping nearly 1000 beneficiaries and taking the count of community medical camps held in the Vibrant Year to 85, we've touched the lives of 11,683 beneficiaries.



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Vibrant <u>ROTARY IN ACTION – Annapoorna Servíces – 9 days ín Jan, 25</u>



Nine Annapoorna services were held during the month - one each at Asha NGO, Sneha Sadan and SEED Foundation and 2 at Ekta Mahila Samiti, benefitting 450 children and at Little Sisters of the Poor, Rathod Home, Saidham Home and Nityanand Home benefitting 150 seniors.



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ROTARY IN ACTION - Clothes collection drive at Pawar Public School - 3rd Jan, 2025

Interact Students of Pawar Public School completed old clothes collection drive. They collected around 200 kgs of old clothes which will be donated to Goonj NGO to be distributed further.

We thank Rtn. Tejal Sheth and Rtn. Smita Madgavkar who joined them in completing the collection process. We are indeed proud of our interactors to have imbibed the values of Rotary service young in their lives.





3 RYE students who have come from Brazil, France and Germany were hosted by IPP Dr. Kamalini Pathak at her residence. They were welcomed by her in a traditional way by all including Rtn. Ujwala Jiandani and few others were present. They were given gifts to carry back with them.

Later they had lunch together and were then taken to Chinmaya Mission Temple for a quick visit. After this, they came back to KFC, Powai where Pres. Dr. Susan Tripathi and Rtn. Ashok Singh joined them and spent some time together. It was refreshing to chat up with them on the different cultures, their experiences and the way they have now got used to the Mumbaiya way of living. They went for a shopping spree soon after and headed back to their host families. We thank Dr. Kamalini for having hosted them and given them an opportunity to experience RCBP warmth and Powai.





The Future Champions League. a unique project was organized by RCBP in collaboration with Maxx Social Welfare Foundation, This program aimed to identify and nurture young talent through a league format. This league continues and is not just about cricket; it's about giving underprivileged kids a platform to showcase their skills, build confidence, and chase their dreams. Pres. Rtn. Dr. Susan Tripathi thanked Rtns. Vidya and Mangesh Balkhande and Team of Maxx Social Welfare Foundation for this platform.









RCBP members had taken on the roles of team owners and mentors along with many member families who had joined the Team Owners to motivate & cheer their teams.

All teams played in a round robin in the finals: (1) Champion Chargers - Rtn Hanuman Tripathi & team (2) Victory Kings - Rtn R. Vanamali & team (3) City Warriors - Rtn Sanjay Thakur & team (4) Ace Avengers - Rtn Shree Bhave & team (5) Star Hitters -Rtn Nikhil Madgavkar & team (6) Rising Hawks - Rtn Amit Sheth & team.





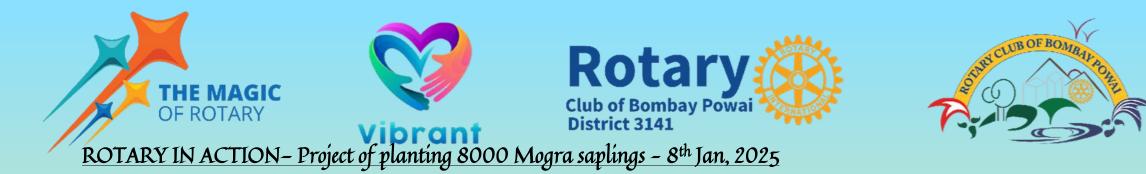
The winning team of this League was Champion Chargers followed by the Runners Up Team City Warriors

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With the CSR support of Carat Lane and Implementation Partner Manjhi Development Foundation for Skilling (MDFS), we are happy to announce that the first batch of 17 students are being trained for the Beautician course at their Sangharsh Nagar Center. We are starting the second batch on 20th Jan, 25 | 12.00 -2.00 pm for another 17 students. Since the seats are limited, please grab this opportunity... Pass on the word to your substaff/drivers/cleaners/ma for ids/ etc. getting themselves or their family members enroll in this course.





This mega task could be achieved with the CSR Support of Bahar Infocom who has provided us with CSR Funds for Cash Crop plantation and our Implementation Partner Global Vikas Trust (GVT) founded by Mr. Mayank Gandhi. IPP Dr. Kamalini Pathak brought us this CSR Partner and also spear heading this project. Since the fields are spread wide over Palghar, our team split to complete planting 100 Mogra Saplings.

All the farmers were very happy and are looking forward to cultivate the saplings in the coming 6 - 8 months, after which it will produce fragrant Mogras (Jasmine). GVT helps the farmers with best of saplings at very low cost, they train them on various fronts and then also help them in selling their produce. It was heartening to see young members of the Global Vikas Trust who have a degree in Agriculture farming and are proud to be in this field.

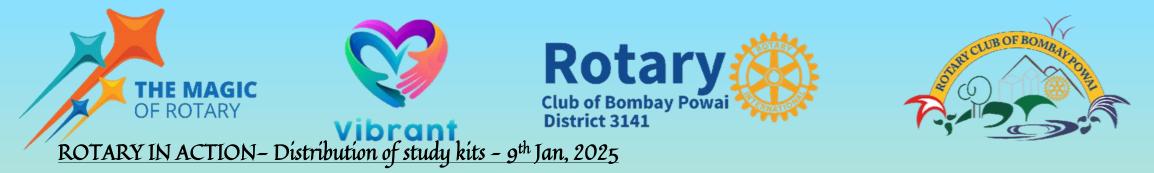




Under Old Age Home Avenue: RCBP donated 23 wheelchairs to Old Age Homes, namely... Nityanand Old Age Home (2), Rathod Old Age Home (4), Gurukrupa Trust: Kandivali (3) Dombivali (3), Vatsalya: Bhayander (1), Snehalaya, Safala (1) and Rushivan Panvel (4), Rupavan Panvel (5) Under Disability Avenue: We have donated 12 wheelchairs to Aadhar run Disability Centres in -their locations of Badlapur (2), Satara (5) Nasik (3) and Paraplegic Foundation, Sion (2) Under Medical Avenue:

We also donated 5 wheelchairs to Rajawadi Hospital. We thank Rtn. Dr. Maya Wankhade for her help in getting us this request and connecting with the hospital. This was possible with the co-ordination support of our Rtn. Savita Govilkar with direction of Pres. Dr. Susan Tripathi and the L & T Realty and LTPCT Team

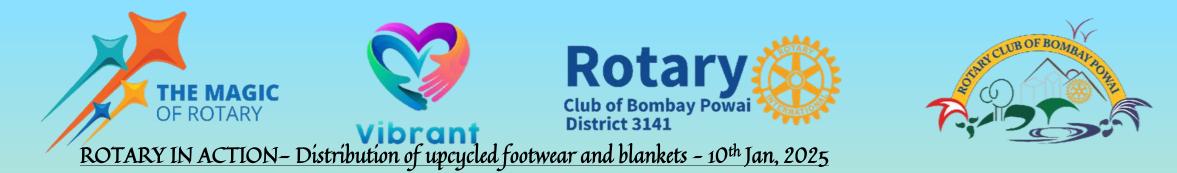




RCBP completed distributing study kits to 103 students from Nursery to Std IV at Utkarsh Balmandir. This project was possible by the CSR funds of EPS, thanks to the support of Rtn. Mani & Rtn. Vidya Mamallan. Our Implementation Partners Ms. Nidhi and Mr. Shekhar from Alpha Sonic are our Implementation partners running the program of First & Second Level of Alpha Sonic Phonics in this school,

EPS had supported the First Level of this program too. Principal Ms. Pradnya has been working selflessly for the last 33 years for the development of the slum kids studying in the school and also to improve the school infrastructure. The Alpha Sonic Phonics program gives the kids of the school an equal opportunity to learn English language and be confident in their communication.





RCBP completed distribution of upcycled footwear and blankets to 200 adivasis of Deherje Village, Manor. This was possible with the help of our member Rtn. Shree Bhave who has his weekend home here and visits frequently and Capt. Anil Nair & his wife Radha (who runs Kaveri Foundation) The couple has been working for few years now in Manor helping the adivasis from various padas of Manor. After having visited them last year, this was our first visit in the Vibrant year and we have distributed 100 upcycled pairs of slippers and 100 blankets to 200 advasis men & women. President Rtn. Dr. Susan Tripathi along with Rtn. Shree & Sadhna Bhave, Rtn. Sunita Sainani & PE Rtn. Anju Ahluwalia and Capt. Anil & Radha completed the handover.



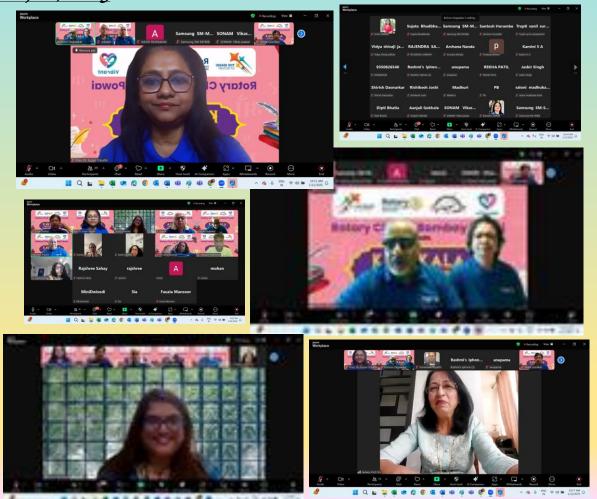


Kavi Kala was a new initiative under the Vibrant Powai Fest 25 ideated by President Rtn. Dr. Susan Tripathi. Kavi Kala was organized online on January 12, and there were 62 participants.

While few of them rendered their poems on the zoom platform, the others were happy to have had their poems presented through the video. We had three languages i.e. Hindi, Marathi and English and 2 categories of Self written poems or rendering some other Poets composition.

Rtn. Kishore Degwekar was the Project Director for this event and the entire team worked very hard to rope in registrations, communicate with the participants. On the day of KK, the zoom platform was managed by Rtn. Hanuman Tripathi alongwith Rtn. Ashish Deshpande and Rtn. Vivek Govilkar seamlessly.

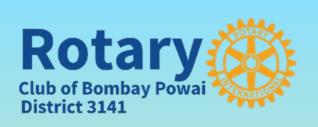
The MCs of the event were Dr. Varsha Degwekar (for Marathi), Rekha Sakhuja (for Hindi) and Vivek Govilkar (for English). We thank our Chie Guest of the event, Mrs. Sushama Mulmule and the three judges Twila Fernandes (English), Madhuri Deo (Marathi) and Gulshan Madaan (Hindi).



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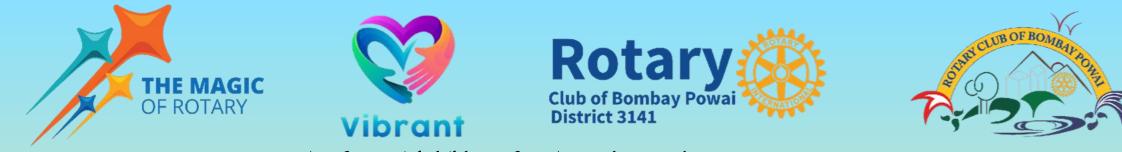
ROTARY IN ACTION - Magical Miles (Car Rally for Organ Donation Awareness) - 13th Jan, 2025

RCBP participated in the District Magical Miles from Mon-13th Jan, 25 to Sat-18th Jan, 25. Rtn. Ashok & Kalpana Singh represented RCBP by joining the week-long car rally. The flag off took place on Monday, 13th Jan, 25 from R City Junction. Rtn. Sunita Sainani too joined the flag off and the rally for day 1 - first stretch from Mumbai to Surat and back. The Rotary Magical Miles Car Rally (for the cause of Breast Screening, Masik Chakra Awareness, Eye,Organ and Skin donation awareness) was organized with the collaboration of 5 districts and many Co-hosting Clubs was organized by Dist. 3141.





President Rtn. Shruti and the Members of Lead Host RC Mumbai Ghatkopar West had put in their extraordinary efforts in orchestrating this event along with DC events Dr. Arun Gharg. RCBP was one of the Gold Cohost at 25K. District Governor Rtn. Chetan Desai and first lady Jwala too joined the week-long Magical Miles.



ROTARY IN ACTION - Project for special children of Sanjeevandeep - 17th Jan, 2025

RCBP was happy to collaborate with Principal Swati and Administrator Bhagesh of Sanjeevandeep, Airoli (associated with Paraplegic Foundation, Sion) to support one outdoor program they had planned for their special children. We supported this program for their 40 children and 10 teachers by sponsoring funds for their travel expenses-bus, Park Fees and Tea, breakfast, snacks & fruits. It was very heartening to see the children have a fun filled time at the garden. Pres. Dr. Susan Tripathi was happy to support this project and thanked Rtn. Ameeta Vohra for getting her connected with Paraplegic Foundation in the Vibrant year.









POWAI FEST 2025 – No Cook Challenge – 18th Jan, 2025



The No Cook Challenge held on January 18 was a new initiative in the basket of this Vibrant Years Powai Fest 25. The participants varied from the age of 7 years to 65 years. There were four categories and 1st and 2nd winners were announced. RCBP is grateful to judges Avani and Abjijit Gomare who gave us their time, support and skills to judge the contest. We also thank Haiko for the gift hampers presented to all the participants. The No Cook Challenge was ideated by the Project Director Rtn. Deepti Shah and together with President Rtn. Dr. Susan Tripathi, this event too saw grand success. We thank Principal Dr. Kalyani Patnaik for approving the great venue... Atrium Lobby of Hiranandani Foundation school to organize our No Cook Challenge. This venue turned out to be just the right place that we could have asked for. It gave good space to the contestants to work at their work stations and bring out their creative best on the







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ROTARY IN ACTION - Distribution of provisions, footwear and blankets - 18th Jan, 2025

RCBP donated blankets and Grocery kits to 30 Blind people in Chembur. Few of them had come from Borivali, Kalyan and Shahd etc. One of IPP Dr. Kamalini's friend had contributed Rs.17,500/ for this noble cause. We profusely thank Mr. Harpreet Singh and his wife Bhakti for this contribution. We thank Dr. Kamalini and the donors for completing the distribution at the venue.







ROTARY IN ACTION - Club Meeting (Speaker Dinner Meet) - 22nd Jan, 2025

Our Internationally acclaimed Speaker, **Mr. Rishi Nanda** spoke on the topic... Lord Hanumanji, the Perfect Karma Yogi and related instances from Ramayan for our daily life. His talk was very engaging and entertaining, making a difficult subject so easy and simple to understand and relate to. Rishi kept the audience rapt with attention and everyone present were connected with him throughout his talk. We thank both Rishi and spouse Mehek for accepting our invitation and joining us.









RCBP's 32 Member families participated in the Vibrant ROTAL Finale on Jan 26 and all came back home with trophies. We surely lived the moment, basked in the glory and enjoyed every bit of it. RCBP's name was continuously announced.

DG Rtn. Chetan Desai, the Chief Guest felicitated all the winners- Singing: Hindi Solo (Kids) - Rudra Parashar - Winner 1st Prize, Hindi Solo - Rtn. Dr. Susan Tripathi - Winner 2nd Prize, Hindi Duet -Rtns. Vanamali R. & Vidya Balkhande - Finalists | Pair Dancing - Nitika & Daksh Balkhande - Winner 1st Prize | Dance: 45 & Above - Won 1st Prize Trophy; 45 Minus - Won 2nd Prize Trophy; 60 & Above - Won 3rd Prize. RCBP also bagged the Award for highest number of registrations and Award for highest number of prizes won by participants.

Our gratitude to Ms. Sudha Iyer for getting us participate from RCBP this year, we owe the Dancing wins to her.







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POWAI FEST 2025 Taare Zameen Par - Art & Craft Competition - 26th Jan, 2025

Thanks to TZP team under leadership of Project Director Rtn. Kalpana Jaishankar & President Rtn. Dr. Susan Tripathi, RCBP completed TZP event on January 26 with huge fellowship and also served the community. 270 kids + adults participated in our TZP this year. It was an amazing sight to see Heritage garden vibrant with these little stars, each engrossed in making their masterpieces. We thank Chief Guest, Mr. Ranvijay Verma - GM at Hiranandani Communities Powai Estate for gracing the occasion. We also thank our four judges Ms. Sarita Rustogi, Ms. Sheetal Panchal, Ms. Meghana Verulkar and Ms. Divya Singh for judging all the entries and bringing out the results. We thank Ranvijay ji & Hiranandani Team for supporting our TZP event, Haiko for sponsoring 75 gift hampers for Rs.500/each, Anmol - Art & Frames for sponsoring stationery items this year too and Mona for booking a table space.







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ROTARY CLUB OF BOMBAY POWAI

IB OF BO



Club Service Membership Public Relations TRF **Global Grant** Fund Raise CSR Community Service Medical **Community Service** Vocational Service **Youth Service** International Service Dist. Special Focus Areas Governance & Compliance Citation & Awards

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- ibrant
- Club ID 27861

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Club Secretary Treasurer Vice President

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Rotary

Club of Bombay Powa

: Dr. Susan Tripathi

: Dr Kamalini Pathak

District 3141

Charter date: 11/03/1991

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Club Trainer : Ameeta Vohra

Powai Tarang Editorial Team

Nalini Raghavan, Dipanwita Dutt, Anurag Chadha, Vivek Govi Krutee Ranpara, Mangesh Balkhande, Sushmita Chandra



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Toilet Blocks	: Sudha Ajit
RCC	: Vivek Bhide
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Govilkar,	Kishore Degwekar, Rakesh
a	Aggarwal, Shrikrishna Bhave

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: Vivek Govilkar



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